June 11, 2013

Dear parents, carers and students,

Tragedy struck the Marks-Devenish family last Monday night. The entire family home went up in flames. Luckily the family was out visiting other family members and so everyone was safe. Unfortunately, the family lost everything.

In talking with students from 3C, we have decided to do a collection of items for Laura and her family. If you would like to help out, think about the staples – items your child would need at home for comfort, and for school, such as small toys, a teddy, a hair brush, girly clips. Also think about items you would need to start over in the kitchen, the bathroom, the laundry such as peanut butter, vegemite, herbs, spices and/or sauces, toothbrush, toothpaste, soap etc. Thank you in anticipation of your support.

Thank you to the many supportive families who managed to attend Friday’s K-6 assembly. I am sure that you enjoyed the song from the choir, the many awards recognising student excellence in learning, the 1st Principal’s medallion— awarded to Claire B of 5/6H, the performance by musicians from JAM and the crowning of our new Kings and Queens for the next five weeks at Bargo Public School. Congratulations to our Kings and Queens for the next five weeks at Bargo Public School.

All teachers are extremely pleased with the way all students have taken to the SAFE RESPECTFUL LEARNER tickets.

Students are taking control of their actions/reactions and being safe people while moving around our school & within the playground and classrooms. Students are using their manners and applying outstanding family values to a variety of different situations successfully. All the while, learning to be risk takers with their education and completing their work to the very best standard every day.

It is extremely pleasing to hear boys and girls talking to me about how hard they have tried while completing their work.

As a direct result of student excellence during the first two terms of 2013, students will be invited to attend a performance of Dr Suez’s stories, ‘It Happened One Day on Mulberry Street’ at Campbelltown Performing Arts High School as a reward. Parents need to return a permission note, there will be no charge.

Students need to remember that all SAFE, RESPECTFUL LEARNER tickets will go into the draw at the end of the year for a special draw, along with all tickets collected throughout the year. Keep popping your name and class on the back and putting them into the boxes… you might be a winner or a King or a Queen!

Congratulations to Kate H and Ronan J! Both students’ parents proudly contacted me last week to inform me that they had been successful in auditioning for Campbelltown Performing Arts High School in 2014. Well done Kate! Kate will be dancing her way through her High School years, while Ronan will be acting!. Well done Ronan! I look forward to visiting their High School in the future and seeing them on the stage.

Congratulations to our Multicultural Public Speakers. Last Monday every competitor was magnificent. It is very difficult to stand in front of your peers and present your thoughts about some very tricky topics in a coherent manner and with confidence, but you did it. Be extremely proud of yourself and your achievements!!

Going on to represent Bargo Public School at the Regional finals at Picton Public School on Thursday 20th June 2013 are:

Junior section
- Holly B
- Alana B

Senior section
- Laura S
- Madelyn G

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Congratulations to our runners. Good luck on Thursday Sam C and Travis B, taking on other competitors across South Western Sydney PSSA in Cross Country running.

Woolworths stickers have closed for this year. Thanks to the many families who have forwarded their stickers to school via the green Woolworths box. Please forward any stickers as soon as possible.

At the last P and C meeting the topic of talking to teachers came up. In brief, the question was asked how can you find out how your child is going before the report cards come out. Once again I will remind all parents you have the ability to make an appointment to discuss your child at any time. Simply ring the office and leave a message requesting an appointment in person or by phone and the class teacher will contact you at their earliest convenience. Remember all teachers are on class everyday, it might take a day or two to return your call.

The P and C would also like to survey just how many families would like to up-skill their children and/or themselves in CPR. Please complete the survey at the end of the newsletter and return asap to the silver tin on Monday, Wednesday or Friday. More information will follow if there is sufficient interest.

Another P and C initiative was the Gorilla phones packs, which were sent home two weeks ago. Have you filled your bag and dropped it off at a local post office box?

The upcoming Athletics carnival is on Tuesday 18th June. Please return your permission note for this event with the sporting fee asap. Remember the fee is used to pay for ground hire, hire of the specialised equipment from the local Little Athletics Club and the bus. If you plan to take your child you MUST STILL pay the sporting levy. We encourage all children to travel on the bus to the carnival as part of the event. Parents can sign their children out at the end of the carnival with their teacher.

On a totally different but very important topic and, as the old saying goes ‘It takes a village to raise a child’ – it is so important that we keep working together to attain the right educational plan for your children in a supportive learning environment. As most of you know, we opened the first of three Multi-categorical classes this year and now I feel it is important to share with you some outstanding successes made by the students in the class known as the 3.4W.

Over the last fortnight Aaron has become the star of 3.4W. He had been challenged by other students teasing him in the playground. Instead of striking out, Aaron talked to his sister who in turn chatted to teachers about the matter. It was such a pleasure seeing Aaron’s grown-up attitude and responses to the issues. He was brave and yet concerned for his sister and her feelings, demonstrating a lot of empathy. Well done Aaron and Elly, you are both growing up fast!

Another success story revolves around Adelei who participated in the recent netball gala day. She was independent, calm and organised for the day of competition. The team, the Junior A’s, won the carnival. Well done girls! Adelei played well scoring a few goals. All of the girls were supportive and encouraging of Adelei. Well done to you too! You are all champions!

In the meantime, Ebony, Rory, Izac and Zac are making excellent progress with their learning. Most importantly, each of these children like coming to school each and every day and encourage one another with their development. For the moment Brayden is working on recovering from his very serious arm injury. Well done 3.4W on your achievements during the first part of the year!! Mrs Warder is proud of you and so is Mrs Dacich.

Finally, as in last week’s newsletter, I have to make two requests of you – my requests relate to technology and head lice.

Request No. 1: Technology

I would like you to consider some research about the need to slow down and to put technology to bed before trying to send your children to bed and to sleep each night at a reasonable hour.

Please read on, I know from talking to Bargo students and parents that we have many children playing games or texting their friends well into the night. Many students are hiding under the covers of their blankets when you think they are soundly sleeping.

Food for thought for all parents – set the scene now!

Although internet/texting addiction is not yet a diagnosable illness, it is certainly raising concerns among adolescent experts who fear too much time spent online and/or texting carries with it certain risk factors.

For many young people the internet/texting (and social media sites it gives them access to) is a lifeline. It is their way of connecting with the rest of the world and their peers. However, it is also a way of escaping the world and avoiding social interaction with other living human beings.

Susan McLean, cyber safety expert and Generation Next speaker, points out some of the issues that can arise when too much time is spent interacting in a virtual online world:

**Anxiety.** Internet/texting is used to distract from worries and fears. An anxiety disorder like obsessive compulsive disorder may also contribute to excessive email/text checking and compulsive use.

**Depression.** Internet/texting can be an escape from feelings of depression, but too much time online can make things worse. Internet addiction further contributes to stress, isolation and loneliness.

**Lacking social support.** Internet/texting addicts often use social networking sites, instant messaging, or online gaming as a safe way of establishing new relationships & more confidently relating to others.
Being an unhappy child. For children wondering where they fit in, internet/texting might feel more comfortable than real life friends.

Being less mobile or socially active than previously. Examples include coping with a new disability that limits ability to drive or becoming a parent and finding it hard to leave the house or connect with old friends.

Stress. While some people use internet/texting to relieve stress, it can have a counter-productive effect. The longer they spend online, the higher their stress levels will be.

An easy option is to ensure that the internet is turned off for the night and the mobiles are placed in the charger in a safe place over night. Mobiles can tap into internet with the appropriate apps. The same can be said of television – think about taking them out of the bedroom.

Request No. 2. - Check your children’s hair tonight. We are looking to keep all students’ hair nit free. If you find anything please treat your child before returning to school.

Enjoy the term ahead and always aim to learn something new!

Anne Bunga
Principal

Topics included in this newsletter:

- MAD award winners
- Canteen Menu Update
- Survey for CPR
- Kindergarten Enrolment 2014
- Notes to be returned
- Banking
- Upcoming Dates
- School Uniform Order Form
- P and C News
- Advertising

MAD READING AWARD WINNERS

<table>
<thead>
<tr>
<th>NAME</th>
<th>CLASS</th>
<th>PHONE NO.</th>
</tr>
</thead>
<tbody>
<tr>
<td>KH</td>
<td>Emma G</td>
<td>1/2H Kira A</td>
</tr>
<tr>
<td>2A</td>
<td>Fiona J</td>
<td>3G Ella S</td>
</tr>
<tr>
<td>3/4W</td>
<td>Danny R</td>
<td>5D Caleb M</td>
</tr>
<tr>
<td>5/6K</td>
<td>Travis B</td>
<td></td>
</tr>
</tbody>
</table>

Kindergarten 2014

If you are considering sending your child to Bargo Public School in 2014, now is the time to collect an enrolment application from the front office.

TELEPHONE: 4684 1396

Notes to be returned via the silver collection tin

Please look for these notes which have been sent home and return as soon as possible if interested.

- BOOK CLUB DUE TUES 18 JUNE
- Soccer/netball/AFL Gala Days
- Winter Uniform order form (P and C)
- BPS Athletics Carnival
- Year 5 & 6 Canberra Overnight Excursion
- Mulberry Street Performance
- Athletics Carnival Lunch Order

Canteen Menu Update

Please note that Potato Smiles from McCann are no longer available.
The canteen is replacing them with Potato Gems.
Thank You
**CALENDAR – UP COMING DATES**
*Please refer to the school’s website for upcoming events. Look at the calendar and any date with a blue triangle indicates a school based event. Simply click on it for more information and access to permission notes*

**Week 7**
- Wednesday 12/6: Reading recovery training  
  – Mrs Jordan
- Thursday 13/6: Zumba K-6  
  PSSA Cross Country Carnival
- Friday 14/6

**Week 8**
- Monday 17/6: PSSA Golf trials
- Tuesday 18/6: School Athletics Carnival  
- Wednesday 19/6: Zumba K-6
- Thursday 20/6: PSSA Gala day

**Week 9**
- Monday 24/6: Stage planning
- Tuesday 25/6: Stage planning  
  Athletics Carnival (backup day)
- Wednesday 26/6: Stage planning
- Thursday 27/6: Zumba K-6
- Friday 29/6: 2.20pm K-6 assembly  
  Last Day of term 2

**Term 3 begins**
- Monday 15/7: Staff Development Day
- Tuesday 16/7: Students return to school

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**School Uniform Shop Order**

Name __________________________________________

Class: __________________________________________

**Beanies** - one size fits all
- Woollen blue school beanie  
  – $8 each  
  number ordered ______
- Woollen blue school beanie with peaked cap  
  - $15 each  
  number ordered ______

**Other Hats and Caps**
- Blue school bucket hat - small/medium size  
  – $8 each  
  number ordered ______

Blue school flat hat  
(measure the circumference of the brow ______)
  - $15 each  
  number ordered ______

Blue school baseball style cap  
- $8  
  number ordered ______
Bargo Public School P and C Association

...Mother’s Day stall...

Lending a hand at the recent Mother’s Day Stall, it was pleasing to see the many excited and delighted little faces wandering around looking earnestly for that special gift for their Mum, Nanna, Grandma etc. There were so many lovely gifts; it would have been hard for me to choose too!

The children were very canny shoppers, keen for a bargain! Luckily there was a big range of gifts for any budget.

The P and C thoroughly enjoy organising the Mother’s Day stall and it is the P and C’s aim to provide the stall as more of a service for families. Each table was laid out separately for each price, starting at one end with the 50c items then all the way round to $5.00. The tables had different coloured covers and were clearly marked how much with large sign. Making it easy for the children to navigate around the stall in a relaxed environment with their peers and teachers. Together with some friendly parents manning the tables and tills alongside a few entrepreneurial Year 6 helpers on hand to offer suggestions to the undecided and then finishing up with fast and friendly gift wrappers. Thanks for a fun morning helping!

Our next meeting P and C meeting is June 5th at 7pm at the school staff room.

If you would like to help, come along for a cuppa. We would welcome your ideas and assistance in planning future events.

Warm Winter Uniforms

Our P and C school uniform shop has some excellent winter stock in, (except micro fibre pants and grey long pants still to come). Sports polo shirts have been restocked for those waiting. Pre-loved items are also available for purchase.

Call in and our friendly parent volunteers will assist you with your purchases. The uniform shop is open Monday 3- 3.30pm, Tuesday 9 -9.30pm Wednesday 3 – 3.30pm. Thursday 9 – 9.30am.

Alternatively order forms are available from the office and can be placed in the silver tin with correct money, cheque or credit card details on Mondays, Wednesdays or Fridays. Once filled, the order will be returned with receipt to your child’s class. Please keep your receipt for exchanges.

Thank-you for your support
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The Spin Bike Class
TAI CHI

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