Tuesday August 6, 2013

Dear parents, carers and students,

Thank you for attending our wonderful celebration of Education Week last Thursday. It was heart-warming to see so many familiar faces celebrating with the children. We really hope that you enjoyed the opportunity to visit and reflect on our students’ work and to watch the choirs and dancers during the assembly.

I myself, loved watching the faces of the current Kings and Queens and how well they behaved while on the stage. Congratulations to you!

Well done to our school captains, Becky & Travis, for their thoughts and ideas about what education means to them now and into the future! Also it was great to hear from Aunty Janny and Leo and all about their journeys, challenges and adventures throughout their lives. Thank you all for sharing!!

‘Sharing Our Stories’ was a wonderful theme. It relates so well to so many of our units of work and our Positive Behaviour In School Program [PBIS].

I hope that you will create some time over the coming days to share your stories, your dreams, your journey and your aspirations for your children. Why not pull out the old photographs and spend some time gossiping over them.

Thank you all parents who managed to work out the gates during Education Week. Congratulations!!

Sadly, vandals have attacked the gates each weekend since installation. Repairs are scheduled. But if you seeing people pulling at the gates please tell them in your best Mrs Bunga’s voice to GO AWAY! or something similar. Visiting parents are welcome any time during the day, but you DO NEED to sign in and out each time you come in to visit, offer help or to drop off a forgotten item. A pain I hear you say, and to a point I agree but SAFETY of your CHILDREN and my STAFF comes before any in conveniences.

So remember, after 9.30am you will need to enter the school via the front gate. At the front gate you will find a gate bell, simply press and our office staff will open the gate. Once opened, it automatically shuts 1 minute later. You DO NOT need to touch the gate!

Finally, we have probably surprised you today by sending the newsletter to your email account. We will be going electronically from this week on. A paper copy is available upon request.

Finally, for the next three weeks teachers will be positively (and negatively) targeting movement in and out of our canteen area. Students are expected to abide by these rules:

In the CANTEEN:
SAFE students know how to
• keep hands and feet to yourself
• walk at all times
• carry food carefully

RESPECTFUL students know how to
• use inside voices and manners
• take turns

LEARNERS
• know what you want
• know your money, your food
• count your change

Good luck every one! How many SAFE, RESPECTFUL LEARNER awards will you earn this week?

So encourage your children to knuckle down and show teachers everything they have learnt to date. Enjoy the week ahead and make the most of every opportunity to learn something new!

Anne Bunga
Principal

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**TOPICS IN THIS WEEK'S NEWSLETTER INCLUDE:**

- Education Week Awards
- Bargo is Awesome!
- Wollondilly Preforming Arts Festival
- Winter Uniform Shop times
- iAssistSafety App
- PLASST
- Camden High School Equestrian Carnival
- Year 3 are becoming MAD Scientists and also learning about Frogs
- MAD Reading Awards
- Notes to be returned
- Upcoming dates

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**BANKING DAY IS THURSDAY**

Please place your bank books and Deposits in the tin before school.

*Please remember to fill in your deposit slips with the amount to be banked.*

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**Teachers, Parents and Community Caring for Children, Educating for Life**
Bargo is Awesome!

I have been completely overwhelmed with the support for the Starlight Foundation 'Half Marathon' Fundraising. At the time of writing $500 has been raised towards my original goal of $750. To those that have donated so far, thank you so much, you're support and personal messages mean a lot.

I've also enjoyed the conversations I've had with students, staff and parents since the item appeared in the newsletter. To give you an idea of the kinds of questions I've been answering:

- A half marathon is just over 21km in distance.
- Yes, I have been training A LOT.
- No, I have never run that far before.
- Yes, running far is very hard (for me) but, I think I should be able to make it without stopping.
- No, hopefully, I won't die!

Setting the goal of running (a skill that is not my strength) a half marathon (21km) and working towards that goal (through training) has helped me better understand the kind of effort I ask my students to commit to each and every day, when I ask them to use skills that may not be their strengths. Skills such as reading, writing, maths or social skills. The students of Bargo PS inspire me daily.

I know that over time, small gains can lead to great progress. Running teaches many worthwhile life skills: persistence, patience, self-belief and endurance (both mental and physical) and I would recommend it to anyone who is interested in having a go, even if you think you could never be a runner in a million years.

Like my new favourite mantra says "If you THINK you can't do it, stop thinking."

I'll include the information again for those who would still like to donate to this worthy cause

http://bsrf2013gofundraise.com.au/page/KatharineOReilly or google: ‘go fundraise Katharine o’reilly’ and the site should be the first listing.

Many Thanks,
Mrs O'Reilly
IAssistSafety App helps children learn protective behaviours. Using a hand IAssistSafety allows a child to identify 5 adults who they could ask for help if feeling unsafe. The hand assists children to remember their safe people. These 5 adults will help the child to be safe if they are scared, worried, sad or just need help. This App helps to give your child a voice in keeping themselves safe.

Available in Google Play or the Apple Store.

Personalised Learning & Support Tool ‘13 Trial

During the next few weeks our school, along with other public schools in the area, will be participating in the trial of a new tool (PLASST) being developed by the Department of Education and Communities for teachers to identify the learning and support needs of their students.

This trial is focussed on the development of a sound and reliable online tool that, when finalised, can be used by teachers in collaboration with parents and carers to identify the strengths and educational needs of students with additional learning and support needs. This information will assist schools in planning and personalising learning and support for individual students who require adjustments in their day to day learning.

The trial will involve teachers completing an online questionnaire about the educational needs of some of their students. Students themselves will not be required to complete any additional work or be formally assessed as part of the trial. This trial will not impact on students’ education provisions.

Further information about the PLASST trial, including the collection and use of data in the trial, will be provided by the school in a letter to parents and carers.

If you have any questions about the PLASST trial, would like to discuss your child’s involvement or would prefer that your child does not participate, please telephone the school on 024684 1396.

Camden High School Equestrian Carnival

Do you love to ride and compete on horseback? Well this is the event for you.

Camden High School will hold its annual Equestrian Carnival on September 7th, 2013 at Bicentennial Park – Camden. Please complete the paperwork and return to school and your earliest convenience. Remember to select your level of competitions carefully as no changes will be made unless the Stewart/Judge deems it necessary for safety reasons.

MAD READING AWARD WINNERS

Each week we recognise students would demonstrate they have been reading at home by popping their name into a lucky book draw. There are 3 draws each Monday......

Term 3 Week 3
KC Daniel C 1D Chloe F
2H Skye R 3G Tara F
4G Alex C 5H Abby S
6K Kiara H

Notes to be returned via the silver collection tin

Please look for these notes which have been sent home and return as soon as possible, placing the correct money (if necessary) in the envelope and place it in the silver security tin at the rear of the administration block on a Monday, Wednesday or Friday morning. Cheques should be made out to Bargo Public School.

- Year 5 and 6 week long camp – part payment due
- Kindergarten enrolments 2014
- WPAnote – Kinder dance [KC, KH, K1K]
- WPAFestival note – dancers working with
- Mrs Bung
- WPAnote – dancers with Mr Kellaway
- WPAnote choir with Mrs Adam
- WPAnote choir with Mrs Cayzer/D’Onofrio
- WPAnote – independent Y6 dance group
- WPAnote – Captains, Vice Captts and Prefects

Feeling classy?

New women’s exercise classes at Bargo Fitness Centre starting... NOW!
Total Tone Up 9:15am – 10:00am Mon & Fri
Ladies Kickboxing 9:30am - 10:30am Tue & Thur
Bargo Martial Arts and Fitness Centre
213 Great Southern Road Ph: 4684 1079
CALENDAR – UP COMING DATES
Please refer to the school’s website for upcoming events. Look at the calendar and any date with a blue triangle indicates a school based event. Simply check on it for more information and access to permission notes.

Term 3 Week 4
Wednesday 7 August
P&G meeting @ 7.00pm- staffroom
Thursday 8 August
All day Principal meeting
Friday 9 August
Milo T20 Blast Cup

Term 3 Week 5
Tuesday 13 August
UNSWS Mathematics examination
Staff meeting – Teaching Standards
Thursday 15 August
Regional Principal Conference.
Friday 16 August
Regional Principal Conference
2pm K-6 Assembly

Term 3 Week 6
A quiet week

Term 3 Week 7
Monday 26 August
Wollondilly Performing Arts festival - rehearsal
Tuesday 27 August
Staff meeting - English
Wollondilly Performing Arts festival – rehearsal
Wednesday 28 August
WPA festival – matinee and evening performance
Thursday 29 August
WPA festival – performance evening
Friday 30 August
Father’s Day Stall

Term 3 Week 8
Monday 2 September
Razorback PSSSA Zone Athletics Carnival
Tuesday 3 September
Razorback PSSSA Zone Athletics Carnival
Staff meeting
Wednesday 4 September
7.00pm P and C meeting
Thursday 5 September
Principal’s meeting
Friday 6 September

Term 3 Week 9
Monday 9 September
Finals of zone Spelling Bee.
Tuesday 10 September
Staff meeting - English
Wednesday 11 September
SWSPSSA Athletics carnival
Thursday 12 September
Friday 13 September
2pm K-6 Assembly

Term 3 Week 10
Monday 16 September
Tuesday 17 September
Staff meeting
Wednesday 18 September
7.30am Cultural exchange with Cabramatta PS
assembly, concert and food fair Year 3
Thursday 19 September
Friday 20 September  Holidays begin!!

BARGO CHILD CARE CENTRE

IS YOUR CHILD PREPARED FOR KINDERGARTEN?
Our Centre is very proud of the program we provide to ensure children are prepared for starting School.

BARGO PUBLIC SCHOOL SAYS THE CHILDREN FROM OUR CENTRE ARE THE BEST PREPARED FOR SCHOOL IN THE LOCAL AREA.

If you haven’t been to visit us and would like to see what we offer, please give us a call or drop in to have a chat.

We cater for 2 to 5 year olds and offer a huge variety of equipment and experiences.

With caring and experienced staff we believe our Centre to be one of the best.

127 HAWTHORNE RD, BARGO
Ph 4684 2249
Year 3 are really getting stuck into learning this term with lots of science experiments as well as learning about frogs, their habitats and the effect of pollution on their living conditions.

Recording experiments

Measuring ingredients  Drawing frogs

More photographs and examples of student research are available on Bargo PS website. Simply google Bargo Public School and select the ‘Frog’ tab.

In the meantime, here is a narrative by Hayley in 3G:

Hey! Why don’t you visit my pond?

At our pond we have heaps of wonderful things, like sparkling clear blue water and flowers that surround.

There are also big trees so the birds can lay their eggs.

Butterflies flitter and flutter all around. They have so much fun, they always scream about it.

We have a little restaurant offering flies and slugs.

It is SO wonderful!
Resiliency Robbers

All parents have the best of intentions when raising kids. Wanting what is best for kids can cause parents to make decisions that are not always in their (children’s) long-term best interests.

If you buy the line that the promotion of resilience is in the best interests of kids then check out the following common parenting mistakes that reduce children’s resilience.

Robber # 1: Fight all their battles for them
Nothing wrong with going into bat when kids struggle or meet with difficulty inside or outside school but make sure this is the last resort, not the first option.

Resilience notion # 1: Give kids the opportunity to develop their own resourcefulness.

Robber # 2: Make their problem, your problem
Sometimes parents can take too much responsibility for issues that are really up to children to work out or decide. Here’s a clue if you are wondering what I am talking about: a jumper is something a mother puts on her son when she is cold!

Resilience notion # 2: Make their problem, their problem.

Robber # 3: Give kids too much voice
In this era of giving children a voice it is easy to go overboard and allow them too much of a say in what happens to them. Kids often take the easy option to avoid hard or unpleasant situations.

Resilience notion # 3: Make decisions for kids and expect them to adjust and cope.

Robber # 4: Put unrealistic or relentless pressure on kids to perform
Expectations about success and achievement are important. Too low and kids will meet them. Too high and kids can give up. Too much and kids can experience anxiety.

Resilience notion # 4: Keep expectations in line with children’s abilities and don’t put excessive pressure on them.

Robber # 5: Let kids give in too easily
Resilient learners link success with effort. They don’t give up because they don’t like a teacher or when confronted with multi-step or more complex activities. Similarly they don’t bail out of a sporting term halfway through the season because the team is not winning or they are not enjoying it.

Resilience notion # 5: Encourage kids to complete what they have started even if the results aren’t perfect.

Robber # 6: Neglect to develop independence
Don’t wait until they are teenagers to develop the skills of independent living. Start early and promote a broad skill set so that they can look after themselves if you are not around.

Resilience notion # 6: Don’t routinely do for kids what they can do for themselves.

Robber # 7: Rescue kids from challenging or stretch situations
There are many times kids are put in situations that are outside their comfort zones for a time. For instance, giving a talk, singing at the school concert or going on school camp may be challenges for some kids. They are all situations that kids usually cope with so show your confidence in them and skill them up rather than opt for avoidance.

Resilience notion # 7: Overcoming challenges enables kids to grow and improve.

Sometimes the manageable hardships that children experience such as a friend moving away, not being invited to a party or completing a difficult school project are fabulous learning opportunities.

They help kids to stretch and grow. Dealing with them effectively also teaches kids that they are capable of coping when they meet some of life’s curve balls.

And that is a huge lesson to learn at any age.
Well, hello again, Bargonians!

The Aussie cricketers have finally realised that it takes a whole team to perform to have a chance of winning a test match. Thank goodness the batsmen have finally stepped up and produced. The Swannies are looking good for this time of the year after a good win over the weekend. The Dolphins are going quite well in the World Champs with James Magnussen displaying some form seen prior to the Olympics last year. So the Eels are out of the NRL equation. I have only recently been able to accept this. I tried to deny myself of the thought for quite some time now. The weekly reminders, by the kids at our school, and Mr Hines, about the poor performances, has made me finally accept that maybe I need to wait a few more years for Eels success. Success will find the mighty blue and golds soon I am sure! It is not the Eels that I speak of now but our little rural school, Bargo PS. Yet another outstanding segue, even if I do state so myself.

**Cricket Gala Day:** I need to apologise for the lateness of the note for this sport. It shot up on me. Sorry parents. I have organised a team of girls and boys and they should each have a note for this Friday. All notes need to be in the tin by Thursday this week please. I have plenty of boys so if yours is not in there on Thursday, I shall offer your sport to another player.

The day should be fun and one where children have the opportunity to play cricket and develop their cricketing skills. With the Ashes happening at the moment, future stars are always needed and may be found in our own backyard.

I look forward to taking the team away on Friday for a day of cricket and fun.

**Zone Athletics Carnival:** By the time you read this newsletter your child, if they were successful, will already have a note to attend the zone athletics carnival. Following are the names, once again only this time I have highlighted all the children who will be representing Bargo at the Razorback Zone Athletics Carnival later this term. Please note that we are able to send 1st place in each field event, regardless of qualifying height or distance. Unfortunately we can only send 2nd place if they qualify.

I will once again congratulate all the children who placed in our school carnival and wish the school representatives all the best for the zone carnival.

This is the first time the boys' high jump results have been published. Thanks to the boys for their efforts during lunch times to complete their events. I also need to thanks Mrs Jordan and Mr Hockey for their combined efforts also. Thank you to one and all.

<table>
<thead>
<tr>
<th>BOYS</th>
<th>8 Years</th>
<th>9 Years</th>
<th>10 Years</th>
<th>11 Years</th>
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I need to inform you all that while we have not publicised all the 7 years field results for all events the children who placed in these events, of the ones we had results for, have been given ribbons for their efforts. This age group is about experiencing the events and day, as a stepping stone to competition next year. Congratulations to you all once again for having a go.

**Upcoming dates for Term 3:**

- **Friday 9th August** – T20 Cricket Gala Day (week 4)
- **Monday 2nd September** – Zone Athletics: Field (week 8)
- **Tuesday 3rd September** – Zone Athletics: Track (week 8)
- **Friday 6th September** – Gala Day (week 8)
- **Wednesday 11th September** – Regional Athletics Carnival (week 9)
- **Friday 20th September** – Last day of term (week 10)
The following names are the students who will be representing our school at the Zone Athletics Carnival in week 8, Monday 2nd and Tuesday 3rd September.

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<thead>
<tr>
<th>Events</th>
<th>Boys</th>
<th>Girls</th>
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<tbody>
<tr>
<td>8 Years 100m</td>
<td>Zac M</td>
<td>Eliza H</td>
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<td></td>
<td>Cody V</td>
<td>Willow R</td>
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<td>9 Years 100m</td>
<td>Jye M</td>
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<td>Colby S</td>
<td>Ebony Mc</td>
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<td>10 Years 100m</td>
<td>Chris D</td>
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<td>Cain S</td>
<td>Runoff needed Amber Mc</td>
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<td>Talysa C</td>
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<td>11 Years 100m</td>
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<td>Kiana C</td>
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<td>Michael F</td>
<td>Ashleigh D</td>
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<td>12 Years 100m</td>
<td>Travis B</td>
<td>Becky S</td>
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<td>Blake O</td>
<td>Sarah M</td>
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<td>Junior 200m</td>
<td>Jye M</td>
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<td>Bailey F</td>
<td>Amber Mc</td>
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<td>11 Years 200m</td>
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<td>Samantha C</td>
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<td>11 Years 800m</td>
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<td>Senior 800m</td>
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<td>Becky S</td>
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<tr>
<td>Junior Long Jump</td>
<td>Zac M</td>
<td>Samantha C</td>
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<td>Jye M</td>
<td>Erica W</td>
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<td>11 Years Long Jump</td>
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<td>Senior Long Jump</td>
<td>Travis B</td>
<td>Sara M</td>
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<td>Junior Shot Put</td>
<td>Chris D</td>
<td>Emma B</td>
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<td>11 Years Shot Put</td>
<td>Jordan Mc</td>
<td>Kiana C</td>
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<td>Senior Shot Put</td>
<td>Blake O</td>
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<td>Junior Discus</td>
<td>Chris D</td>
<td>Emma B</td>
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<td>11 Years Discus</td>
<td>Hayden T</td>
<td>Kiana C</td>
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<td>Senior Discus</td>
<td>Blake O</td>
<td>Sara M</td>
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<td>Junior High Jump</td>
<td>Bailey F</td>
<td>Emily B</td>
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<td>11 Years High Jump</td>
<td>Adam D</td>
<td>Kiana C</td>
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<td>Senior High Jump</td>
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<td>Sara M</td>
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<td>Junior Relay</td>
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<td>1 Samantha C 2 Emma B</td>
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<td>3 Cain S 4 Colby S</td>
<td>3 Amber Mc 4 Talysa C</td>
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<tr>
<td>Senior Relay</td>
<td>1 Travis B 2 Kyle H</td>
<td>1 Kiana Clifford 2 Ashleigh D</td>
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<td>3 Blake O 4 Micheal F</td>
<td>3 Becky Smith 4 Alexis Coombes</td>
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If your child is starting school next year or you know one who is ...

Collect an enrolment form from the office (if you haven't already), or
Give contact details so we can send one out
Tell your friends and neighbours—NOW is the time to enrol.

For more information, please ring 4684 1396
Bargo Sporting Achievements: A student from our school, Bailey S (KC) recently represented Australia in BMX. Bailey competed at the World BMX Titles in Auckland New Zealand a fortnight ago. He made it through to the 1/4 finals with a 3rd, 3rd and 5th place, but unfortunately didn't progress to the semi-finals or final.

A great achievement for a 6 y.o who has only been racing for just over a year! Bailey’s mum said she was, ‘very proud of him representing his country at such a young age’.

As are we at Bargo PS! Proud and excited for his talent and what the future may hold for him in this, now Olympic sport. I’m not quite sure if they will let him compete in the 2016 Games, as a 9 year old in Rio de Janeiro but bring on the 2020 games which may be in either Istanbul, Tokyo or Madrid. Come to think about it, he may even need to wait till 2024! Look out BMX world, here comes ‘The Bargo Bullet’, Bailey! Keep the good news rolling in at dean.kellaway@det.nsw.edu.au. See you next time I'm looking at you.
Gifts from 50 cents to $6

Friday the 30th of August

We are looking for helpers,
If you can help please come to the hall
on Friday the 30th of August after the bell.
Thank you.